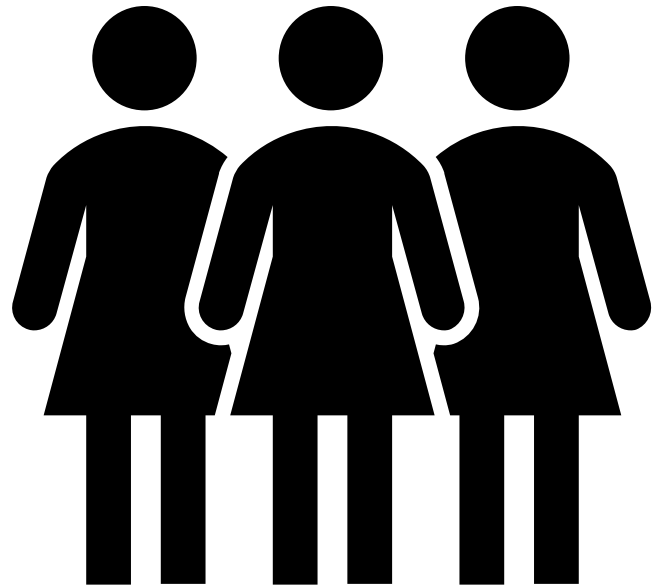


PREPARING FOR JUNIOR YEAR

Your Guide To Making it Through Junior Year

WHO IS YOUR GUIDANCE TEAM?



Miss Manzano:
Guidance
Counselor

- rmanzano@ichslodi.org

Miss Koval:
Dean of
Academics

- kkoval@ichslodi.org

Mrs. Beatrice:
Guidance
Secretary

- jbeatrice@ichslodi.org



**KEEP
CALM
AND
SURVIVE
JUNIOR YEAR**

TYPICAL JUNIOR YEAR SCHEDULE

Full Year Religion 3

Full Year Algebra 2

Half Year English 3

Half Year P.E./First Aid

Half Year US History 2

Half Year Science

Foreign Language*

Financial Literacy*

Practical Art*

Visual Art*

Other Electives*



Make sure that you are CHALLENGING yourself this year!



Keep those grades up!

Colleges look very closely at your grades from Junior year.

If you are having difficulties in your classes, please reach out to your teachers immediately!

If you feel like you are in need of a tutor, please reach out to Mrs. Vallecillo.

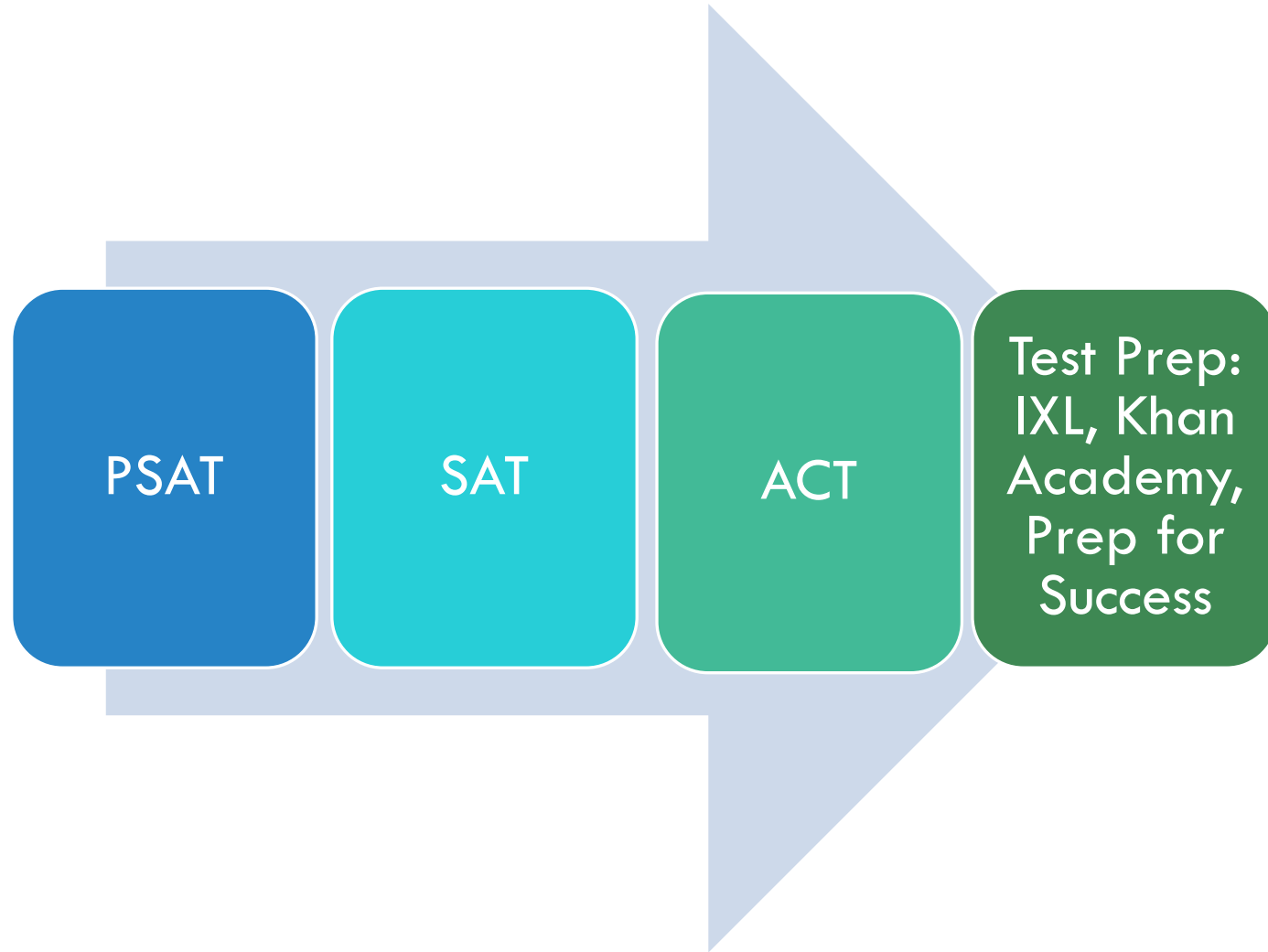


You are allowed to change your classes before 5 school days.

After 5 school days of being in your class, you are not allowed to change classes.

Changing classes must be valid and up to guidance discretion. For example: You cannot switch classes because you do not like the teacher.

SCHEDULES



STANDARDIZED TESTING

***BE SURE TO KEEP
UP-TO-DATE WITH
TESTING DATES ON
YOUR IC
CALENDAR***

LUNCH TIME COLLEGE VISITS

TIME FOR US TUESDAY'S



ICHS invites various colleges and universities to do Lunch Time visits – TAKE ADVANTAGE OF THIS!

This is a great opportunity for you to learn about different schools, what they have to offer, and ask questions to a college representative!



Time for Us Tuesday's: ICHS will be implementing college prep into weekly discussions.

It is our hope to invite schools over to IC and spend this period discussing their school and answering any questions you may have.

BEGIN TO PLAN FOR COLLEGE

- ❖ Explore Naviance - <https://www.naviance.com/>
 - Please email me or Mrs. Beatrice for your Naviance Password
 - Once you have signed in, click on “colleges / home”. Under the “Find your Fit” subsections
 - *SuperMatch* college search is a resource that allows you to adjust different criteria to create the best list of college options for you
 - *College Lookup* allows you to search for a college by keyword, state, or name.
 - *Clicking on a college name will bring you to a new page filled with vital information about the institution – SAT/ACT average test scores, GPA requirements, application types and deadlines, contact information, offered programs and majors, and much more!*
 - *There is a heart shaped favorite button that makes the college available on your “Colleges I’m Thinking About”.*
 - *College Resources* contains a list of links for different application sites, associations, funds, financial aid websites, test prep, athletics, and the military.

BEGIN TO PLAN FOR COLLEGE

- ❖ Explore College Board - <https://www.collegeboard.org/>
 - Make sure to create a college board account.
 - Once you have signed into your account, click on the dropdown menu, and under *Access*, click on *College Search*.
 - *College Search* allows you to adjust different criteria to create the best list of college options for you.
 - Clicking on any college name will bring you to a new page filled with vital information about the institution – SAT/ACT average scores, GPA requirements, application types and deadlines, contact information, offered programs and majors, and much more!
 - You may also add that college to your college list.
 - Under the *Access* tab, click on *College Planning*.
 - This provides students with resources on how to get started on college applications, finding a good college fit, explore careers, and financial aid.

BEGIN TO PLAN FOR COLLEGE

Find new and exciting careers through Naviance!



Login into your Naviance account and locate the Career tab on the right-hand corner.

Click on the tab, then on Explore Careers, Clusters and Pathways.

Here, students can engage in different assessments to find a career that can best suit them.

GATHER COLLEGE INFORMATION

- ❖ Guidance Counselor – Miss Manzano has a designated college folder filled with various college information/contact information.
- ❖ Your Teachers –Feel free to ask them questions about their college experience!
- ❖ Internet – Explore Naviance and College Board, as well as simply googling colleges/universities, will help you gather more information on colleges.
- ❖ College Fairs – Fairleigh Dickinson University hosts a wonderful college fair in September. Be on the look out for more information to follow! This is a great opportunity to expose yourself to many colleges you may have never even heard of.
- ❖ College Visits – Make sure you take advantage of college visits during the Fall and Spring. Juniors are allowed 1 excused absence for a college visit.



COLLEGE & CAREER ASSESSMENTS



[Yung Typology Test -
Personality/Career Test](#)



[Princeton Review Career
Quiz](#)

Sample Resume for High School Students

Jane Doe
12 Snelling Avenue
St. Paul, Minnesota 55116
(651) 555-1111
jane.doe@spps.org

Education Highland Park Senior High, class of 2008 (3.8 GPA)

Experience

St. Paul Public Library—University Branch (June 2005-present)

- Maintained library database on checked-out materials.
- Coordinated volunteer program for Story Time.
- Organized card catalog to incorporate new materials.

National Honor Society (2003-present)

Participated in several volunteer activities, including: building a house for Habitat for Humanity (50 hours), collecting food for the St. Paul Food Shelf (80 hours), and organizing the Honor Society Induction Ceremony.

Activities

- National Honor Society (2003-present)
- French Club (2002-present)
- Cross Country (2002-present)
- Piano lessons (10 years)

Awards

- A Honor Roll, 8 quarters
- Outstanding French Student, 2004
- Volunteer of the Year, 2005

References

Available upon request.

Contact Information: should be at the top of your resume—include name, address, phone number, and e-mail (if you have it). Separate it out by centering it and making it bold. If you have a college address separate from a home address, use both.

Education: include graduation date and GPA if it is 3.0 or higher.

Formatting Experiences: (2 options)

1. Heading line (include title and dates) followed by bulleted list—see Work Experience as example.
2. Heading line (include title and date) followed by narrative list—see Volunteer Experience as example.

Writing About Experiences

Regardless of style, begin each phrase/sentence/ bullet with an *active verb*. See the examples to the left: maintained, coordinated, organized, participated...see back of page for more examples.

Headings The expected headings would be: education, experience (work or volunteer), but the others are up to you. Use the ones that work best. Other possibilities: skills, additional experience, related experience, leadership experience, research experience, writing experience, computer experience, objectives, leadership, related coursework, work experience, volunteer experience, anything that fits your particular qualities.

General Formatting You should have 1 inch margins, major headings (like 'Education') on the left, then indent with additional information below—for example, notice how National Honor Society is lined up below St. Paul Public Library. Use a traditional font (New York, Arial, just not cursive...) at 12 point size. It should all fit on one page. Remember, it needs to be easy to read—keep it simple and organized!

Other things to remember:

- proofread, proofread, proofread!
- Check for punctuation and spelling.
- Check for format and style consistency.
- Show your resume to a friend.

BEGIN TO BUILD YOUR RESUME



COLLEGEBOARD PLANNING TIMELINE

College Planning: 11th Grade

Junior year marks a turning point. This is because for most students and families, it's when college planning activities kick into high gear. Here are some things you can do this year to stay on track for college.

FALL

- Start with you:** Make lists of your abilities, social/cultural preferences, and personal qualities. List things you may want to study and do in college.
- Learn about colleges.** Look at their websites and find colleges at bigfuture.collegeboard.org/college-search. Talk to friends, family members, teachers, and recent grads of your school now in college. List the college features that interest you.
- Resource check:** Visit the counseling office and meet the counselors there. Is there a college night for students and families? When will college representatives visit your school? (Put the dates in your calendar.) Examine catalogs and guides.
- At school, speak to your counselor about taking the PSAT/NMSQT[®],** which is given in October. If you plan to ask for testing accommodations (because of a disability), be sure the College Board has approved your eligibility.
- Make a file to manage your college search, testing, and application data.** If appropriate (for example, if you're interested in drama, music, art, sports, etc.), start to gather material for a portfolio.
- Estimate your financial aid need.** Financial aid can help you afford college. Use the College Board's *Getting Financial Aid* and the financial aid calculator at bigfuture.org to estimate how much aid you might receive.

COLLEGEBOARD PLANNING TIMELINE

WINTER

- Sign up to take the SAT® in the spring.** You can register online or through your school. SAT fee waivers are available to eligible students. To prepare for the SAT, you can access free, personalized SAT practice tools at satpractice.org, including thousands of interactive questions, video lessons, practice tests, and more.
- Begin a search for financial aid sources.** National sources include the College Board's Scholarship Search and electronic sources. Don't overlook local and state aid sources. (Ask a counselor for help or check your public library.)
- With your family, make an appointment with your counselor** to discuss ways to improve your college-preparation and selection processes.
- Ask a counselor or teacher about taking the SAT Subject Tests™ in the spring.** You should take them while course material is still fresh in your mind. You can download *The SAT Subject Tests Student Guide*, which offers test-prep advice, from SATSubjectTests.org.
- Explore AP®.** The Advanced Placement® Program helps hundreds of thousands of high school students achieve their college dreams each year. Get the facts at apstudent.collegeboard.org/exploreap. If you're in AP classes, register for the AP Exams given in May.
- Opt in to the College Board Opportunity Scholarships at cb.org/opportunity.** You can earn scholarships ranging from \$500 to \$2,000 by completing individual college planning steps. Complete all six steps and you'll be eligible for the \$40,000 scholarship.

COLLEGEBOARD PLANNING TIMELINE

SPRING

- Contact your counselor** before leaving school for the summer if you are considering military academies or ROTC scholarships. If you want a four-year ROTC scholarship, you should begin the application process the summer before your senior year.
- Develop a list of 15 or 20 colleges that are of interest to you.** You can find many colleges at which you'll be happy and get a great education. The college search is about exploring who you are and what you want and then finding colleges that will meet your goals.
- Stay open to all the possibilities—don't limit your search.** To find the best college for you, you should apply to colleges of varying selectivity. Selective colleges admit a portion of students who apply. Some colleges are highly selective while others are less selective. Make sure to apply to public, private, in-state, and out-of-state schools so that you have plenty of options from which to choose.
- Take the SAT.** The test is typically offered in March, May, and June. Make sure you start preparing for the test several months in advance using the tools available at satpractice.org. And remember, if you're not happy with your scores when you get them, you might want to test again in the fall. Many students take the test a second time as seniors, and they usually do better.
- Start to gather documents for financial aid:** Be sure to keep a copy of your tax returns handy. You'll use these to complete the Free Application for Federal Student Aid (FAFSA), which opens on Oct. 1.

COLLEGEBOARD PLANNING TIMELINE

SUMMER

- Register with the National Collegiate Athletic Association (NCAA) Eligibility Center** if you are an athlete planning to continue playing a sport in college (ncaaclearinghouse.net).
- Get your FSA ID:** Before you can fill out your FAFSA, you need to get a username and password (also known as an FSA ID).
- Find a full-time or part-time job,** or participate in a summer camp or summer college program.
- Visit colleges.** When planning your campus visits, make sure to allow time to explore each college. While you're there, talk to as many people as possible. These can include college admission staff, professors, and students. Take campus tours and, at colleges you're serious about, make appointments to have interviews with admission counselors.
- Create a résumé**—a record of your academic accomplishments, extracurricular activities, and work experiences since you started high school.
- Download applications.** Go to the website of each college's admission office and either complete the application online or request a paper application from colleges to which you'll apply. Check application dates—large universities may have early dates or rolling admission.
- Visit some local colleges**—large, small, public, and private. A visit to a college campus can help you decide if that college is right for you. Make a plan ahead of time to get the most from your visit. Check out the campus checklist at bigfuture.org. Attend college fairs, too.
- Scan local newspapers** to see which civic, cultural, and service organizations in your area award financial aid to graduating seniors. Start a file.



Junior year is said to be one of the hardest and challenging years of your high school career. However, I challenge that! I can promise you, as we work together to start planning for your future, it will be one of the most rewarding years of your high school career.



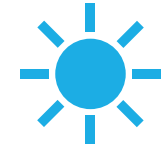
We will work hard, we will laugh hard, and we will start to envision all of your future goals and plans. This is a team effort, so be prepared to see me A LOT during your junior year. It is so important that you know that you are not alone, and I be there to help guide you.



Junior year will be over in a blink of an eye, so do not miss a second of it!



Some advice: Enjoy this year, challenge yourself, try new things, say yes to new opportunities, make a new friend, and make memories that will last a lifetime!



Enjoy your summer and be sure to come back refreshed and ready to hit the ground running. We have a lot of work to do 😊

JUNIOR YEAR...LET'S MAKE IT GREAT!